

Trauma Matters

The Official Newsletter of the Texas Trauma Coordinator's Forum
MAY 2016

Edited by: Jennifer Kraatz



Texas Trauma Coordinators Forum

The mission of the Texas Trauma Coordinator's Forum is to provide a forum for networking, mentorship, emergency preparedness, securing and maintaining of trauma financing and provision of education to professionals involved in trauma care. TTCF encompasses all aspects of trauma care for both the injured and those at risk of injury.

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Membership is open to anyone interested in improving care for trauma patients. Meetings of the TTCF are held quarterly and provide an outstanding opportunity to network with Trauma Coordinators, Trauma Registrars, Trauma Program Managers, and Trauma Personnel throughout Texas. The Forum shares information regarding trauma system development, hospital designation, and legislation information regarding Trauma and Emergency Medical issues as well as updates on injury prevention programs, trauma registry requirements, and rule changes. TTCF Committees include: Level I/II, Level III, Level IV, Injury Prevention, Special Populations, Public Relations/Legislative, Fund Raising, Education, Trauma Registry, and Mentorship. Membership applications can be found on the TTCF homepage www.ttcf.org. Please note that annual membership costs are \$25 and run from February to February. Due are not prorated or transferable and are processed via Texas Trauma Forum PO Box 177, Wichita Falls, TX 76307.

Did you remember to RSVP for the TTCF meeting?

On-line registration (RSVP) via the TTCF homepage www.ttcf.org is important to provide adequate meal and room provisions at each meeting. For further information please contact Jacky Betts at 940-764-3631 or email jbetts@unitedregional.org

Upcoming Dates (2016):

TTCF 3rd QTR Meeting – August 23, Austin
TOPIC - May 11, Austin
TOPIC - August 24, Austin
PCAR - May 23-24 San Antonio
TCAR - June 7-8, North Richland Hills
PCAR - June 8-9, Webster
ATCN - June 27-28, Lubbock

Welcome!

TTCF February 2016 Meeting

CE Offering



First time TTCF attendees!



General Meeting



Ask the surveyors



TTCF Group on Google Groups List Server

We have officially made the move to Google groups. It is important that you request to become a member of the TTCF Google list server group to stay aware of important events and afford yourself our fantastic networking opportunities.

HOW TO JOIN:

1. Go to <https://groups.google.com/>
2. Type "TTCF" in the search box
3. Click the groups button (make sure the posts button is not highlighted)
4. Click on "TTCF"
5. Request to become a member!

Have your heard??

There's a new TTCF Calendar !

Stay up to date on:

- Board Meetings
- General Meetings
- TOPIC classes
- Other events & classes!

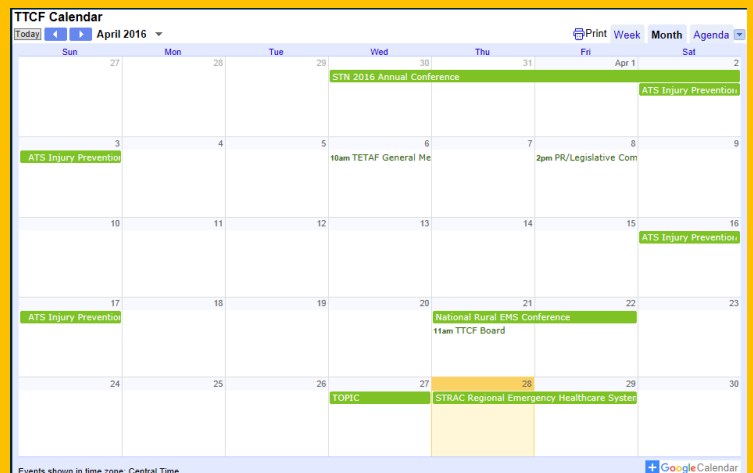
May be accessed via Google Calendars at:

www.texastraumaregistrars.com

or

www.ttcf.org

To add your event please contact a
TTCF Board or Committee member!



Congratulations!

2015 TTCF Trauma Lifetime
Achievement Award

Marjorie
Lygas
(in absentia)



Congratulations!

2015 TTCF Trauma Champion
of the Year

Jacky
Betts



Implementation of a Pediatric Alcohol & Drug Abuse Screening program

Although most adult trauma programs have implemented a screening and brief intervention with referral to treatment (SBIRT) tool, many struggle to implement a similar tool for the pediatric trauma patient, age 12- 17. According to Schweer (2009), this opportunity is being missed in this population. Previously, only those with “hard core” alcohol and drug abuse problems were being addressed by trauma centers, but early intervention to identify and address this risk factor is key. According to the 2007 National Survey on Drugs Use and Health, almost 8,000 youths ages 12-17 are drinking alcohol for the first time each day and over 15% admit to drinking within the last 30 days (Schweer 2009). These adolescents frequently are treated in the emergency department because alcohol is the leading contributor to injury and death (Schweer 2009). In an effort to address these issues a SBIRT Subcommittee was formed by the Society of Trauma Nurses Pediatric Special Interest Group and they created a survey to assess the use of SBIRT in pediatrics. Although 65% of the responding trauma centers reported treating pediatric patients younger than 18 years old, only 18% had a program in place to screen for alcohol and drug abuse in these patients (Schweer 2009). There are three different tools that currently being utilized to screen for alcohol and drug abuse in the adolescent trauma patient. CRAFFT, AUDIT, and CAGE.

Christi Reeves, BSN, RN, CEN,
CPN

Director of Trauma and Center
for Childhood Injury Prevention
Texas Children's Hospital

After review of these screening tools, Texas Children’s Hospital decided to implement the CRAFFT screening. We incorporated into our emergency room documentation and added it to our tertiary trauma assessment documentation completed by either the Trauma Attending or the Trauma Physician Assistant. After retrospectively review of this data, we identified that we were able to capture the CRAFFT screening on 50% of our admissions to the trauma service. There are several barriers that keep us from obtaining the CRAFFT screen and they are patients that discharge before the screening was completed, hemodynamically unstable patients, or the patients’ family members refuse to leave the room.

After we reviewed our data, we surveyed other large level I trauma pediatric programs in the US, and of those who responded seven out of twenty-seven. The key factor that contributed to screening a majority of the patients was that they were able to add the screening to the admission assessment by the nurse on the inpatient surgical floor. Our next steps will be to explore this and implement if appropriate. All trauma centers need to evaluate and explore the best avenue to screen these adolescents for alcohol abuse and referral for treatment.

Patients who report any use of alcohol or drugs and have a CRAFFT or have a score of 2 or greater is considered a “positive” screen and indicates that the patient is at high-risk for having an alcohol or drug-related disorder and requires further assessment. We complete a social services consult and refer the patient appropriately for treatment.

References

Lynn, S. (2009). Pediatric SBIRT: Understanding the Magnitude of the Problem. *Journal of Trauma Nurses* 16(3) 142-147.

CRAFFT Screening Tool:

CRAFFT is a mnemonic acronym of first letters of key words in the 6 screening questions. The questions should be asked exactly as written.

- C** Have you ever ridden in a **CAR** driven by someone (including yourself) who was “high” or had been using alcohol or drugs?
- R** Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
- A** Do you ever use alcohol or drugs while you are by yourself, or **ALONE**?
- F** Do you ever **FORGET** things you did while using alcohol or drugs?
- F** Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?
- T** Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

The tool is endorsed by the American Academy of Pediatrics' Committee on Substance Abuse for use in adolescents. <http://www.ceasar-boston.org/clinicians/crafft.php>

Implementation of a Pediatric Alcohol & Drug Abuse Screening program

CAGE Screening Tool:

CAGE Questions

1. Have you ever felt you should cut down on your drinking?
2. Have people annoyed you by criticizing your drinking?
3. Have you ever felt bad or guilty about your drinking?
4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)?

CAGE Questions Adapted to Include Drug Use (CAGE-AID)

1. Have you ever felt you ought to cut down on your drinking or drug use?
2. Have people annoyed you by criticizing your drinking or drug use?
3. Have you felt bad or guilty about your drinking or drug use?
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)?

http://www.hopkinsmedicine.org/johns_hopkins_healthcare/downloads/cage%20substance%20screening%20tool.pdf


AUDIT Screening Tool:

AUDIT

PATIENT: Because alcohol use can affect your health and can interfere with certain medications and treatments, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential, so please be honest.


For each question in the chart below, place an X in one box that best describes your answer.

NOTE: In the U.S., a single drink serving contains about 14 grams of ethanol or "pure" alcohol. Although the drinks below are different sizes, each one contains the same amount of pure alcohol and counts as a single drink:




12 oz. of
beer
(about 5%
alcohol)

=




8-9 oz. of
malt liquor
(about 7%
alcohol)

=



5 oz. of
wine
(about 12%
alcohol)

=



1.5 oz. of
hard liquor
(about 40%
alcohol)

Questions	0	1	2	3	4
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times a month	2 to 3 times a week	4 or more times a week
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7 to 9	10 or more
3. How often do you have 5 or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
9. Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, during the last year

<http://pubs.niaaa.nih.gov/publications/Audit.pdf>

Mentorship / Membership

Tracy Cotner-Pouncy & Rebecca Crocker



Welcome to TTCF! All new members and visitors to TTCF will spend their first meeting in the Membership/Mentorship committee. Important organizational information is provided and there is opportunity for networking and Q&A with experienced trauma coordinators. The State designation coordinators and a representa-

tive from TETAF are also present to answer questions. The Membership/Mentorship committee is a great place to start your TTCF journey!

This committee provides new members with a first impression of the organization and is key in the growth of our trauma group. Please contact

Tracy Cotner-Pouncy or Rebecca Crocker if you are interested in supplying mentorship support or sponsoring any new members. Support can be very rewarding and enables everyone involved to grow and become better educated with numerous aspects of trauma care and networking opportunities.



Legislative/Public Relations Committee

Jennifer Kraatz & Elena Guajardo

Legislative Updates and additional Texas Trauma information: Look for the updates from Texas EMS Trauma & Acute Care Foundation (TETAF) at www.tetaf.org

The PR/Legislative Committee expressed the desire to have increased TTCF members participation in the workgroup in preparation for the 2017 Capitol Day and reiterated the importance of this event which helps support the continued funding for trauma care in the state of Texas. The group also discussed the need for TTCF individuals to reach out to their Texas legislators to make appointments and educate them on the need for continued and increased trauma funding, and also how the current fund have been cut or appropriated to other organizations.

Special Populations

Jenny Oliver & Sandy Williams



The Special Populations committee is focused on caring for the “special populations” within trauma. As a committee we have decided to focus on Geriatric Trauma patients as our Special population for the year. We will be discussing current management and practice guidelines related to Geriatric trauma, as well as any issues we are currently having within this population. We will discuss trauma team activation criteria and injury prevention programs that others have instituted specifically for this geriatric trauma populations.

TTCF Executive Board



Robin Garza
President

President

- Shall preside over all general membership and Board of Directors meetings
- Shall be empowered to call emergency meetings of the Board of Directors in situations where action is needed prior to the next scheduled meeting
- Shall be the official to sign and/or authorize operations issues related to TTCF, but only after discussion and agreement of a majority of the Board of Directors.
- Shall provide an agenda at each meeting
- Shall mentor the president elect.
- Shall prepare an Annual Report with assistance of the Historian for presentation at the 1st quarterly meeting.
- Shall lead annual assessment of projects and focus on upcoming year activities at annual strategic planning meeting.
- Shall be responsible for providing approval of articles submitted to the TTCF webpage
- Shall attend general membership meetings, or in absence, make arrangements with the past president and/or the president elect to assume necessary duties.

Past President

- Shall act as a resource to the current President.
- Shall mentor in conjunction with the President, the President Elect
- Shall assume the duties of the President in his/her absence.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.



Courtney Edwards
Past President



Kathy Rodgers
Historian

Historian

- Shall record and preserve the record of TTCF activities and achievements and assist the President in preparing Annual Report.
- Shall coordinate with the general membership in obtaining TTCF historical material and other memorabilia reflecting the organization's history.
- Shall submit revisions and changes to the webmaster for the History page on the TTCF website.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.

Secretary

- Shall keep minutes of all general membership and Board of Directors meetings.
- Shall electronically post meeting notices to all members a minimum of thirty (30) days prior to the next scheduled meeting.
- Shall make copies of previous minutes available on TTCF webpage.
- Shall maintain records and copies of pertinent documents as directed by the President.
- Shall provide copies of documents to webmaster for posting on the TTCF website.
- Shall keep records of current membership.
- Shall be responsible for maintaining display board.
- Shall be responsible for maintaining projector.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.



Brett Dodwell
Secretary



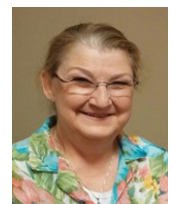
Jacky Betts
Treasurer

Treasurer

- Shall collect all funds and shall have custody of such.
- Shall make distribution of such funds upon order of the Board of Directors.
- Shall deposit all funds in an insured account in an insured financial institution.
- Shall submit a current written financial statement to the Board of Directors on a quarterly basis.
- Shall negotiate contracts for meeting facilities.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.

Parliamentarian

- Shall serve as a non-voting member of the Executive Board and will not participate in the motion process, except to make sure the correct procedures are followed via the most current Roberts Rules of Order.
- Shall assist and support the President in maintaining order and adhering to time schedules.
- Shall assist with the coordination of motions/resolutions.
- Shall coordinate the election process of officers for the organization as well as the other voting procedures.
- Shall facilitate annual review and update the organizational bylaws with report to Executive Board at 1st quarter meeting.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.



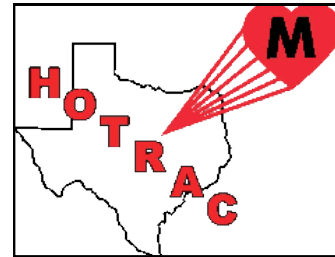
Bert Cordell
Parliamentarian

Business Name

Texas Trauma Coordinators Forum
1600 11Th Street
Wichita FallsTexas76301United States

Texas Trauma Coordinators Forum (TTCF) encourages multidisciplinary participation in providing holistic healthcare across the entire continuum of care, from injury prevention through rehabilitation.

Printing Courtesy of:



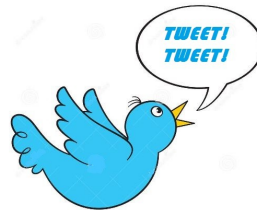
We are on the web!

www.ttcf.org

Twitter—@TraumaRegistrar

Follow @TraumaRegistrar on Twitter to stay up to date with the most current news and events for Trauma Registrars.

Start tweeting @TraumaRegistrar and hash tag #CSTR



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JACKYBETTS@UNITEDREGIONAL.ORG

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